



**T3 Duathlon Series**  
**May 8th, 2011**  
**Race 2 Results**



			<b>Final Time</b>	<b>Run 1</b>	<b>Bike</b>	<b>Bike Split</b>	<b>Run 2</b>	<b>Run Split</b>
1	<b>Jason Gardner</b>	<b>Glens Falls</b>	<b>41:26:00</b>	9:58	30:22:00	20:24:00	41:26:00	11:04:00
2	Robert Stocks	Binghamton	42:04:00	10:21	31:02:00	20:41:00	42:04:00	11:02:00
3	Ryan Rath	Ballston Spa	42:20:00	10:14	31:05:00	20:51:00	42:20:00	11:15:00
4	<b>Heidi Underwood</b>	<b>Katskill Bay</b>	<b>42:51:00</b>	<b>9:41</b>	32:27:00	22:46:00	42:51:00	<b>10:24:00</b>
5	Joe Hall	Queensbury	44:00:00	9:48	32:46:00	22:58:00	44:00:00	11:14:00
6	Isabelle Dickens	South Glens Falls	45:19:00	10:32	34:20:00	23:48:00	45:19:00	10:59:00
7	Matthew Twinam	Saratoga Springs	45:28:00	11:00	33:32:00	22:32:00	45:28:00	11:56:00
8	Chirs Bowcutt	Ballston Spa	45:36:00	10:50	34:05:00	23:15:00	45:36:00	11:31:00
9	Van Fronhofer	Salem	47:21:00	11:36	34:55:00	23:19:00	47:21:00	12:26:00
10	David Cann	Queensbury	47:56:00	12:02	34:51:00	22:49:00	47:56:00	13:05:00
11	Kristen LeClair	Wilton	48:33:00	11:35	35:41:00	24:06:00	48:33:00	12:52:00
12	James Bogue	Buskirk	48:37:00	11:58	34:55:00	22:57:00	48:37:00	13:42:00
13	Michael Rozell	Queensbury	48:38:00	11:11	33:35:00	22:24:00	48:38:00	15:03:00
14	Tracy Delaney	Lake Luzerne	48:38:00	11:10	36:39:00	25:29:00	48:38:00	11:59:00
15	Michael Martel	Glens Falls	49:26:00	12:04	34:44:00	22:40:00	49:26:00	14:42:00
16	Vincent Kirby	Mechanicville	49:32:00	11:23	36:27:00	25:04:00	49:32:00	13:05:00
17	Jim McCarty	Glens Falls	52:17:00	12:03	33:56:00	21:53:00	52:17:00	18:21:00
18	Ann Herring	Queensbury	52:21:00	12:01	38:57:00	26:56:00	52:21:00	13:24:00
19	Matthew McMorris	Saratoga Springs	53:38:00	12:15	39:14:00	26:59:00	53:38:00	14:24:00
20	Christine McKnight	Schuyerville	54:01:00	14:04	39:20:00	25:16:00	54:01:00	14:41:00
21	Mike McNally	Queensbury	54:47:00	12:32	37:44:00	25:12:00	54:47:00	17:03:00
22	Shannon Fox	Glens Falls	55:23:00	12:54	39:53:00	26:59:00	55:23:00	15:30:00
23	Kaitlyn Hansen	South Glens Falls	57:19:00	12:43	42:58:00	30:15:00	57:19:00	14:21:00
24	Tom Hansen	South Glens Falls	57:19:00	12:43	38:50:00	26:07:00	57:19:00	18:29:00
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**Course Records**

**RUN 1**

Kevin Crossman (May 16th, 2010) & Nick Marcantonio (May 1st, 2011) 8:21:00  
**Heidi Underwood (May 8th, 2011) 9:41:00**

**BIKE**

Kevin Crossman (May 16th, 2010) 18:14:00  
Mara Fronhofer (May 2nd, 2010) 21:32:00

**RUN 2**

Nick Marcantonio (May 1st, 2011) 8:54:00  
**Heidi Underwood (May 8th, 2011) 10:24:00**

**Overall Course Records**

Kevin Crossman (May 16th, 2010) 35:33:00  
Heidi Underwood (May 2nd, 2010) 42:34:00